



We build strong kids, strong families, strong communities.



220 West Locust Street Belvidere, IL 61008
PH: 815-547-5307



BASEBALL PITCHING INSTRUCTION

Pitching is more than just throwing the ball. There are mechanics when throwing, understanding the pitcher's plate, the rules about balks, pick-off plays at each base, fielding your position and finally mound presence and knowing situations while pitching. We will go over all of that and more in this 4-week program. **Space is limited to the first 12 kids to sign up.** Bring your glove each week.

Session 1	January 4, 11, 18, 25
Session 2	February 1, 8, 15, 22
Session 3	March 1, 8, 15, 22

TIME: 5:30PM-6:30PM

PLACE: BELVIDERE FAMILY YMCA

Age Group:	9yrs to 14yrs old
Registration:	Starts December 15th
Cost of each Session:	\$60.00